

RESOURCE GUIDE



Office of
Mental Health



Fulton County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Mobile Crisis (Helio Health)

24/7 number to call in moments of mental health crisis.

(315) 471-1564

Crisis team can rapidly respond to you in your home or in the community if necessary.

St. Mary's Emergency Helpline

24/7 number to call in moments of mental health crisis.

(518) 842-9111

No crisis team to respond in person, but they can address an emergency and direct you to appropriate resources.

Crisis Services (The Family Counseling Center)

Walk-in and 24/7 phone line crisis support.

11-21 Broadway. Gloversville, NY 12078

(518) 725-4310 x999

Walk-in anytime during business hours (see below) or call 24/7 in moments of mental health crisis.

Fulton County Department of Social Services

4 Daisy Ln, Johnstown, NY 12095

(518) 736-5600

Hours: Mon-Fri 9 am-5 pm (**September-June**), Mon 9 am-5 pm (**July & August**)

Call **211** after hours.

Mental Health Treatment & Rehabilitation

The Family Counseling Center - Gloversville

Outpatient clinic w/ walk-in capability & 24/7 crisis support

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

Hours: Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm

Walk-in anytime or call crisis line after hours (see above).

The Family Counseling Center - Fort Plain

Outpatient clinic.

2 Willett St, Fort Plain, NY 13339

(518) 993-2273 **Hours:** Mon/Tues/Thurs/Fri 8 am-5 pm,

Wed 8 am-6 pm. Call to inquire about services. Glov-

ersville clinic is available for crisis support (see above).

This Resource Guide was developed by the Office of Hospital Care and Community Transitions.

St. Mary's Counseling Services

Outpatient clinic w/ walk-in capability & 24/7 crisis support

4988 St Hwy 30, Mem Bldg 5th Fl, Amsterdam, NY 12010

(518) 841-7341 **Standard Hours:** Mon-Fri 8 am-4:30 pm

Walk-In Hours: Mon-Fri 8:30 am-2:30 pm. Call or walk-in to be seen. 24/7 crisis helpline available (see above).

Fulton County Single Point of Access (SPOA)

Department of Community Services

(518) 773-3559

Call between 9 am and 4 pm Monday—Friday.

Program connects you to a variety of mental health resources. Even just calling can be very informative.

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Peer Support Services

Leisure Lounge (MHA of Fulton & Montgomery)

Informal drop-in center for socialization and support.

33 Bleecker St, 2nd Floor, Gloversville, NY 12078

(518) 762-5332 x103

Hours: Monday & Wednesday, 12 pm—3 pm.

Stop by or call for more information.

MHA of Fulton & Montgomery Counties Ombudsman

Peer specialist with extensive knowledge of resources.

(518) 762-5332 x103

Call between 8 am and 4 pm Monday—Friday.

Peer support warmline can also be a great resource outside of business hours (see right).

Montgomery County Drop-In Center (MHA)

Informal drop-in center for socialization and support.

34 Division St, Amsterdam, NY 12010

(518) 762-5332 x103

Hours: Tuesday & Thursday, 12 pm—3 pm.

Stop by or call for more information.

MHA of Fulton & Montgomery Counties Warmline

Peer support line for non-crisis mental health support.

(518) 725-4310 x333

Hours: Monday—Friday, 8 am—8pm & Saturday 9 am—5 pm.

Call for resource information or emotional support.

Addiction or Substance Use Treatment and Support

The Family Counseling Center - Gloversville

Outpatient clinic w/ SUD services and 24/7 crisis support.

11-21 Broadway, Gloversville, NY 12078

(518) 725-4310

Hours: Mon-Thurs 8 am-7 pm, Fri 8 am-5 pm

Walk-in anytime or call crisis line after hours (see front).

MATTERS Network

Substance use and peer support services.

(765)-MATTERS

Telehealth appointments available daily 11 am—11 pm.

They can prescribe or refer out to local outpatient resources.

St. Mary's Outpatient Addiction Clinic

Outpatient substance use services w/ walk-in capability.

4988 St Hwy 30, Mem Bldg 4th Fl, Amsterdam, NY 12010

(518) 843-4410 (option #2)

Hours: Mon/Fri 8 am-4:30 pm, Tues-Thurs 8 am-8 pm

Walk-ins possible. Call ahead to check for availability.

Alcoholics Anonymous (AA): (518) 736-2644

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 for information on groups being held in the Fulton County area.

OASAS 24-Hour Hopeline: 1 (877)-8-HOPENY

Other Services

INFO-LINE (MHA of Fulton & Montgomery Counties)

Number to call for mental health resource information.

(518) 762-5332

Toll-Free: 1 (800) 734-5864

Hours: Monday—Friday, 8 am—4 pm

Healthy Alliance

Social care network.

(518) 656-8312

Call to inquire about being connected with a network of professionals who will help manage every facet of your care.

St. Mary's Health Home Care Management

Care management service provided by St. Mary's.

(518) 271-3301, healthhome@nysmha.org

Eligibility is contingent on having two chronic conditions

OR a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

To find more mental health programs and services, visit our website at: www.omh.ny.gov

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